

做一个快乐的旅行家





成功格抗 Success Navigation



























2017国际华裔太太 Classic & Mrs Chinatown International Pageant 2017

MRS **MALAYSIA** GL_{OBE}

Franchise Holder











vie























Supporting



























Official Online























Official hair sponsor:

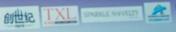














































































































































旅行物品清單

	旅行證件	泳衣	洗漱用品
//	護照	太陽眼鏡	護膚品
	國際駕照	襪子	化妝品
	港澳通行證	革圭	護理品
	入台證	雨傘/太陽傘	牙刷/牙膏(國外)
~	簽證	晚宴包	小毛巾
	證件照片	衣物	防曬用品
	機票(打印機票或者電子票存	牛仔褲	隔離霜,防曬霜
	檔)		
7	夢幻之旅確認信	內衣	電子設備手機充電器電
4			腦
	酒店預定單	│內褲	硬盤,存儲卡
	行程表複印件或者電子存檔	睡衣	全球通轉換器
	銀行卡/信用卡	長袖衣	薬品
	少於現金	短褲 (沙灘褲)	感冒藥止瀉藥
	筆及筆記本	裙子	發燒藥
	各種包	外套	防蚊油
	背包	圍巾	跌打油
	備用包	帽子	指甲剪
	相機包	手套	大使館聯繫方式
7	防水包	工恤	備註其他



- 2. 旅行注意事項
 - A. 天氣查詢
 - B. 當地文化禮儀
 - C. 注意事項及禁忌



猜猜這是哪裡?

1-12月最適合旅行的國家



1-12月最適合旅行的國家



如何做一個快樂的旅行家

預訂夢幻之旅套餐之前的準備

夢幻之旅套餐的分類

自由行 半自由行 全包型





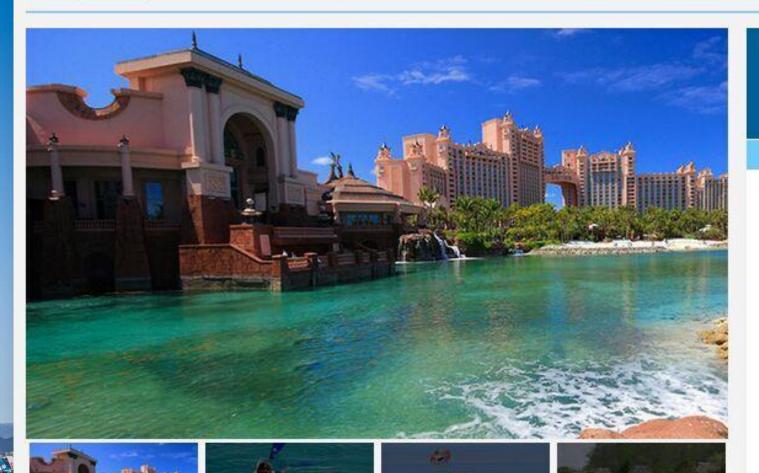
如何理解套餐上的內容

About Your Trip 關於你的旅行 What's Included 包括什麼 Destination 目的地 Platinum Inclusions 鉑金 Itinerary 行程 Hotel Details 酒店資料 Additional Information 附加信息 Transportation 交通 Policies 條規



Home > Search > Cruise to Nassau and Key West

Print This Page



Cruise to Nassau and Key West Fort Lauderdale, Florida, United States

Mar 16 2017 - Mar 20 2017

4 Nights

Per Person

Celebrity Summit

\$489.00 USD*





Price is per person based on double occupancy.

Price shown reflects per person pricing and does not include Government fees or taxes.

Book It >

Questions? Call us at (+603) 2788 4510 or contact DreamTrips@rovia.com



About Your Trip



<u></u> 注意套餐上的內容

Price displayed above is per person based on double occupancy for the inside cabin and does not include US\$105.27 in government fees and taxes per person. Upgraded cabin categories are available at an additional cost. Click "Update Price" for final price per person, which includes government fees and taxes.

Board the Celebrity Summit® in Fort Lauderdale, Florida, for a four-night cruise docking first in Key West, Florida, also called the Conch Republic after a one-day (mock) secession from the United States in 1982. Find the southernmost point in the continental United States when you venture onto the island, or learn about one of Key West's most famous inhabitants at the Ernest Hemingway Home and Museum. Make sure to look for Hemingway's famous polydactyl (six-toed) cats as you stroll the grounds.

After a refreshing day at sea, arrive in Nassau, the capital of the Bahamas on New Providence Island. This destination offers something for everyone, from relaxation to sightseeing and adventure. You'll have time to explore Nassau, take a nature walk, snorkel or kayak in the tranquil waters, or sunbathe on the powdery beach before heading back to the ship. Then return to Fort Lauderdale and disembark with memories to last a lifetime.

What we love:

- In Key West, the Conch Republic still issues its own passport and flies a flag with the motto, "We Seceded Where Others Failed."
- Bahamian straw markets provide a space for you to test your bargaining skills and try to get a good deal on handmade baskets, guava jellies, woodcarvings, mats, hats and more.
- For those wanting to venture farther out from Nassau, the popular, activity-filled Atlantis resort is just offshore on Paradise Island.
- Ship amenities and port history/highlights.

Check out this DreamTrip on Facebook.

This trip will close by December 17.

What's Included

注意套餐上的內容

- 5 days and 4 nights on a Key West and Nassau cruise aboard the Celebrity Summit®.
- Complimentary breakfast, lunch, dinner and snacks are provided on board.
 Experience fine dining in the main dining room, and casual dining at a variety of times and locations throughout the ship. Some dining options, including specialty restaurants, are offered at an additional charge.
- · 3 pools and 6 whirlpools/hot tubs.
- Access to an adults-only retreat.
- Access to spa and fitness center, with treatments and classes at an additional cost.
- Family-friendly programming and activities, including shows, games, contests and enrichment classes.
- Complimentary entertainment in the 7 bars, clubs and lounges on board.
- Access to casino.
- . Onboard Wi-Fi (for an additional charge) and flat-screen TVs in each stateroom.
- Duty-free shopping.
- An In-destination Support team member will be provided on this trip. Their goal is
 to ensure you have a great DreamTrips™ experience from landing to liftoff. They host
 a welcome reception on arrival day, attend scheduled activities throughout the trip,
 notify the group of itinerary updates and more.

Additional Information:

Adult and children's pricing may vary depending on the travel date. Click on BOOK IT to see detailed pricing information.

We base children's pricing on their age at the time of travel. Their reservation has to be booked and paid for in order for you to check them in.

Please remember to book a reservation for everyone you're bringing along on your DreamTrip before you travel or they will not be permitted to board the ship.

Each traveler must have a government-issued picture ID (e.g., a driver's license) in addition to a government-issued birth certificate, an original naturalization certificate or a valid passport that expires at least 6 months after this trip.

As always, make sure that your passport/visa is up-to-date before you leave! It's very important to double check that you have all the necessary identification required for the specific country you're traveling to. Keep in mind that many countries require passports and/or visas to be valid for a minimum of six months after the end date of the trip.



Platinum Inclusions

After boarding the ship, Platinum Members will be treated to onboard credit* for use toward amenities on the Celebrity Summit®:

- US\$25 per Inside Cabin.
- US\$50 per Ocean View Cabin.
- US\$75 per Deluxe Ocean View with Balcony Cabin.
- US\$125 per Concierge Class Cabin.
- US\$125 per Aqua Class Cabin.

If you have any questions regarding your onboard credit, please see the ship's Guest Services.

*You get one (1) onboard credit per Platinum Member cabin, and the credit is available for use on this DreamTrip only. Onboard credit is not transferable, has no commercial value, is not subject to refund or credit after the stay and cannot be redeemed for cash.



Itinerary

Itinerary is subject to change. All times are local to the port.

	DAY	PORT	ARRIVE	DEPART	
	DAY 1	Fort Lauderdale, Florida		4:00 p.m.	
	DAY 2	Key West, Florida	8:00 a.m.	5:00 p.m.	
	DAY 3	At Sea			
	DAY 4	Nassau, Bahamas	8:00 a.m.	5:00 p.m.	
	DAY 5	Fort Lauderdale, Florida	7:00 a.m.		
Maria Maria			The state of the s		



運輸 Transportation

機票不包括在旅行價格! 最靠近港口的商業機場是勞德代爾堡 -好萊塢國際機場(FLL)。 我們強烈建議您為任何旅行購買旅行保險。 確保安排您自己在機場和您的港口之間的轉移, 因為他們不包括在旅行價格。

Airfare is not included in the trip price!
 The closest commercial airport to the port is
 Fort Lauderdale-Hollywood International Airport (FLL).
 We highly recommend that you purchase travel insurance for any trip.
 Make sure to arrange your own transfers between the airport and your port, as they're not included in the trip price.

Policies

Cancellation Policy: This trip is non-refundable from the time of booking.

Name changes are not allowed. Requested name changes are considered a cancellation and will require re-booking, if space is still available.

No changes of any kind are allowed within 30 days of sailing.

Guests younger than the age 21 who are not traveling with a parent, grandparent or court-appointed legal guardian must travel with an adult 25 years of age or older and stay in the same stateroom. Infants younger than 6 months in age are not permitted by the cruise line to travel.

Prices are per person and do not include government fees and taxes.

Final cabin category and location are at the total discretion of the cruise line and may result in an obstructed view.

Upgrades are at the discretion of the cruise line, based on availability and would entail an upgrade charge.

Expectant mothers are prohibited from traveling on this trip if pregnancy is 23 weeks or longer on date of travel. Penalties will apply if cancellation is required.

Members are limited to only one cabin unless booking for children ages 18 and younger.

Booking for other members is not permitted.

If we are unable to successfully process your credit card, the booking request will be cancelled.

Rates are subject to availability.

Gratuities are not included and average — per person per day -US\$12.95 in Standard Staterooms; US\$13.45 in Concierge Class and Aqua Class; and US\$16.45 in Suite Class. Gratuities are subject to change.

Members can't combine DreamTrips™ Points. Your membership level determines the maximum amount of DreamTrips Points you can use. If you have more than 50 Rovia Bucks, you can apply them in the checkout process.

Onboard credits and/or discounts cannot be converted to cash, and any not used during your stay will expire immediately upon your embarkation of ship. Member is responsible for paying any taxes that may be added to items purchased with onboard credit.

At the time of booking, you will see a page with your order number and trip cost. This is your confirmation. Please retain and bring this information with you on your trip.

After your booking is confirmed, you may also receive a pre-check-in email.

In the unfortunate event that an activity or excursion is no longer available, we will substitute a similar activity of equal or greater value.

Please note: Due to contractual supplier policies, we may not be able to confirm requested name or room changes to existing bookings for trips that are scheduled to travel within 30 days of your request.

Pricing shown is for each person, and is based on two adults per cabin.

Please don't consider your change requests official until you receive a confirmation email from us.

Contact Travel Support if you have special requests regarding bedding, meals or medical needs, or any other questions about this trip.



Contact Travel Support

if you have special requests regarding bedding,

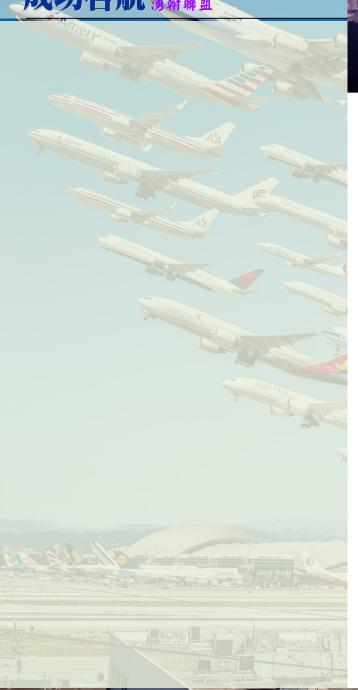
meals or medical needs,

or any other questions about this trip.





Country	Number
Australia	+61-399883913
Austria - Mobile Enabled	0800-802141
Botswana	00269-800-3002-113
Cyprus	8009-2963
Germany - Mobile Enabled	0800-184-4282
Greece	00-800-1612-205-9287
Hong Kong Local	+852-58081271
Hungary	06-800-19540
Iceland	800-8563
Ireland - Mobile Enabled	1-800-904-173
Israel	1-809-315628
Kenya	0800-720771
Malaysia	1-800-814-482
Malta National	+356-27780455
Netherlands	0-800-022-1549
Poland	0-0-800-141-0008
Russia - Mobile Enabled	8-800-100-9658
Serbia	0800-190-315
Singapore	800-130-1942
Slovenia	0-800-81019
South Africa	0-800-980-319
Sweden Mobile Enabled	020-889-863
Taiwan	00801-14-7173
Thailand	001-800-13-202-7739
UK	0-800-088-5490
United States	1-972-805-5200
Vancouver	1-778-650-5006



如何理解套餐上的條規

Police: 政策

取消政策:如果您想在行程開始前的46天之前取消旅行,你会與公司申請得到退款,目前會收取一個手續費50美金。如果您在您的旅行開始的45天之内取消,您的行程将不予退还。

一些特別的夢幻之旅不能退,詳情請看政策條規Police。



如何理解套餐上的條規

名称变更政策:

如果您在预订你的旅行开始日起45天或 更长时间才能改变任何姓名(或名称), 如果您的旅行开始前44到31天预订改变任何姓名(或名称), 你会被收取为每名更改\$ 50的费用。

名称的更改在您的旅行开始日期后30天内不允许(就好像機票是不允許更名一樣)。



如何理解套餐上的條規

如果你有超过50 Rovia Bucks, 您可以在最後结账过程中应用它们。 如果你是行政會員,可以全額抵扣。 想升级你的经验?!

在DreamTrips@rovia.com

请联系您的DreamTrips专家来了解可用的升级,机场接送,床上用品的要求和你能想到的任何其他额外的要求。 在预订的时候,你会看到一个页面,您的订单号和旅行成本。 这是您的确认信。请保留并随身携带上您的旅行信息。 公司不會再次發送另一个确认。

預訂體驗

下面所列出的是我們認定為不適當、嚴格禁止的行動和行為(這些並不涵蓋所有事項)。

- ·倒賣任何已購買或預訂的體驗。
- 如果您無法出席您已購買的體驗,
- 請聯繫客服查詢與您的個人預訂相關的取消政策。
- ·無論是預訂會員專屬的體驗還是轉讓預約給非會員, 使該預訂不再有會員參加。



預訂體驗

- ·不遵守每個DreamTrips度假旅程細節政策 部分提出的書麵條款。 這類政策可以包括,但不限於:
- 預訂限制。由於需求、供貨量或由我們單方決定的其他因素, 我們可能會限制每個會員允許的預訂數量。
- · 姓名更改政策。姓名名稱更改會有限制和額外費用。 通常情況下,旅行開始日期的30天內不允許更改姓名; 我們允許在30天範圍之外的姓名更改, 並且對每個姓名更改加收50美元費用。



預訂體驗

·不經事先有效預約就來到體驗現場/目的地。 所有會員和賓客必須提前預訂體驗, 並按照該體驗姓名更改政策 把全部參加者的名字更新後方可入場。

這方面的任何例外將由與該體驗相關的政策明確說明。



請記住,當您和您的嘉賓參加任何DreamTrips體驗時, 您是代表自己`公司和DreamTrips品牌。 我們祝願您獲得一生最好的經驗,並且提醒您:

您和您的客人的行為反映您自己和我們公司的形象。

因此,我們希望您和您的客人在體驗過程中遵守以下的規定,在任何時候都以體面、尊重、負責任、成熟的方式為人處事:

· 要留意您的酒精攝入量 °雖然我們希望您舒適放鬆, 過量飲用會導致不適當和失控行為,這不僅影響您的安全, 而且會影響到您周圍的人。



- · 所有場合都要衣著得體,避免穿著描繪低級趣味的圖像、 詞彙或短語的衣物。我們不會容忍可以被視為歧視性、 侮辱性、威脅或騷擾性的行為或語言。
- ·如果按照條款和條件的第8節進行適當預訂, 或除非另有具體規定, 尚未獨立的子女們可以參加各項體驗。 但是,請仔細關照您的孩子, 以確保您的孩子的安全和其他客人的享受程度。



- ·參加集體遊戲或活動時,無論勝負結果, 要做良好的體育道德模範。
- ·在您的體驗過程中, 要極其尊重地對待您遇到的所有服務人員 (包括DreamTrips體驗現場的公司工作人員和員工, 以及在酒店 `遊輪 `場地 `或遊覽公司的人員)。 他們為您到場,並很高興地隨時準備為您在 整個DreamTrips過程中提供幫助。



- ·如果供應商的人員無法滿足您的要求, 請不要與供應商直接聯繫, 因為這會損害我們與這些供應商的關係。 相反,如果您對您的體驗的任何方面不滿意, 請直接聯繫客戶服務和/或您DreamTrips體驗現場的支持人員。 ·如請尊重您的DreamTrips主持人。
 - 我們配備主持人以促使並提高DreamTrips度假的享受水。 主持人也有權執行適當的DreamTrips會員行為和操守準則。 如果主持人對您的行為提出要求,請尊重他或她的權威, 及時滿足他或她的要求。

不聽從主持人的要求可能導致您從該體驗立即離開或開除,在這種情況下,您將全權負責由此產生的一切費用。

·我們不會容忍DreamTrips體驗過程中 對其他人的非法或暴力行為。除了大眾之外, 其他人特別包括:主持人,會員,嘉賓, 供應商工作人員和企業員工。 請幫助我們設立這個DREAMTRIPS行為標準, 使我們在別人眼中不僅是一個受人尊敬的品牌, 也是受人敬重的個人。



體驗過程中的行為和舉止小藍旗使用規則

可以使用在旅行的適當場合 溫馨提示:

- 1. 不能使用在敏感場合
- 2. 不能使用在宗教場合
- 3. 不能使用在政治場合
- 4. 不能使用在違法場合例如:海星,珊瑚事件





- Fake confirmation (will report to compliance to take action) 偽造確認書 如被發現將交由公司合規監管部門以採取有關行動, 如被開除會籍。
- Re-sell the trips to others (will report to compliance to take action) 轉賣任何已購買或預訂的 DreamTrips
- 如被發現將交由公司合規監管部門以採取有關行動,如被開除會籍。



 Go show (members without advanced booking arriving on spot and trying to book on day) – (will not be accepted without booking)
 Go Show-

所有參加者必須提前預訂 Dream Trip,

未經有效訂購而出席 DreamTrip 或嘗試即場報名者均不獲接受。

- Didn't pay for child(ren)
- (Child will not be accepted without booking) 隨行兒童也必須持有有效的預訂



 Providing wrong age for child(ren) in order to escape paying any fees (will not be accepted to the tour)

必須為隨行兒童申報正確年齡,

為逃避支付費用而虛報年齡將不獲參加 DreamTrip。

 Complain no room upgrade for triple occupancy (accordingly to policy, the assigned room type is what the members get.
 No special upgrade will be given. Extra bed is mostly rollaway bed. Do not expect to be the same as existing bed)



有關三人入住卻未獲房間升級投訴一根據守則, 參加者需接受被預先分配的房間類型, 三人入住亦不會被安排房間升級。 在普遍情況下,額外加床是折疊床, 並不是房間裡預設的單人床。

• Screaming, shouting and complaining in hotel lobby or even through out the trip if the trip standard does not meet their own expectation

如對參加的 DreamTrips 有任何不滿,

不應在酒店大堂作出不當的行為,如無理投訴、

大聲喧嘩、擾亂秩序等。



 Request of changing itinerary on site to meet their personal preference (It is not fair to other members) 為配合個人興趣和喜好而當場要求更改行程會對其他參加者不公平。



 Provoke other members to complain in order to get refund (will report to compliance to take action)

以騙取退款為目的,

挑釁和煽動其他參加者向公司作出不合理投訴。 如被發現將交由公司合規監管部門以採取有關行動, 如被開除會籍。



- Misuse hotel facilities, for example, hang the hangers on sprinkler... (responsible for their own acts)
- 不適當使用酒店設施,例如:在緊急灑水器上晾乾衣服。
- 會員必須對自己所做之行為負責。
- Sleep in lobby or on the floor, spitting, smoke in nonsmoking area (affect company image & hotel relationship)
- 為保持公司形象和與酒店的關係,
- 參加者不應在酒店大堂睡覺,
- 隨地吐痰或在非吸煙區內吸煙等不當行為。



• No given flight details but complain no pickup service is provided and request claims for taxi fare (We have FIXED schedule on every trip. no extra transfer will be provided. Airport helpers will guide the member to get to hotel. Pay attention to website details.)

因未有提供航班資料而投訴不獲安排接送服務並向公司索取的士費用一每個DreamTrip 都有預定的接送服務時間並在網頁上詳細列出,

額外的接送服務將不被安排; 如未能趕上預定的接送,

機場的工作人員會指示參加者到達酒店的方法。



• Unwilling to wait for scheduled shuttle bus for 15-30 minutes, request claims for taxi fare (taxi fare will NOT be refunded without approval)

参加者不願意等候**15-30** 分鐘後的接送服務, 向公司索取的士費用一未經批准之的士費用將不獲受理。



- Verbally & Physically assault IDS / Hotel staff 對主持人和酒店職員作出言語和人身攻擊
- Members who arrive at mid-night decide to sleep overnight at airport without informing us, causing the Airport Rep to wait for hours

參加者航班在午夜後才到達並打算在機場過夜卻沒有通知,令機場的工作人員等候多時卻未能接到參加者。



 Complaining mix & mingle does not include food (Need to pay attention to trip design. Not every trip is the same.)

投訴歡迎派對沒有提供食物一不同 DreamTrip 有不同的設計和設定。

Things to pay attention:

• Check website in details to see if there're any restriction on tour 参加者應細閱網頁上所列出該 DreamTrip的限制及注意事項



Children Policy:

- Pay attention to the trip setting of number of child allowed & child age.

應留意該 DreamTrip 設定的兒童人數和年齡

- IF child age is 3-11 years old;

12 above is adult rate (check website)

if the trip allow 2A + 1C, only 1 child per room is allowed

if the trip allow 2A + 2C, only 2 children per room is allowed

Any child required extra bed MUST go through Customer

Service. Current setting is sharing bed with parent.

Any child without booking will NOT be accepted on site

If adding child is more expensive than adding adult, you may

select adult rate for the child. (whichever cheaper)



Children Policy:

應留意該 DreamTrip 設定的兒童人數和年齡

-如果在網頁上列出 3-11 歲是小童, 12 歲或以上須付成人費用如果設定是 2成人+1小童, 每房只接受 1 位小童如果設定是 2成人+2小童, 每房只接受 2 位小童任何小童需要加床必須通知我們的顧客服務人員, 現在網上提供的是不加床的價錢。任何小童沒有有效的訂購將不獲當場接受如發覺小童的費用比成人貴, 可以為他們訂購成人



An	MUNES			
	組合人數	最多人數: 2 位成人+1 位小童	最多人數: 2 位成人 + 2 位小童	
	如1位成人+1位小童	需要預訂1間房間;	需要預訂1間房間;	
		如果2位成人價錢比1位成人+1位	如果2位成人價錢比1位成人+1位	
	例子:	小童的價錢便宜,可為同行小童訂為	小童的價錢便宜,可為同行小童訂為	
The State of		成人	成人	
19		例:	例:	
		成人 (雙人): \$629 x 2 = \$1,258	成人(雙人): \$629 x 2 = \$1,258	
		成人(單人): \$999 + 小童: \$399=	成人(單人): \$999 + 小童: \$399=	
		\$1,308	\$1,308	
	如1位成人+2位小童	需要預訂1間房間	需要預訂1間房間	
	如3位成人+1位小童	需要預訂2間房間	需要預訂2間房間	
		房間1:2位成人	房間1:2位成人	
		房間2:1位成人和1位小童	房間 2:1 位成人 和 1 位小童	
	如2位成人+2位小童	需要預訂2間房間	可以預訂1間房間	8
		房間1:1位成人和1位小童		
		房間2:1位成人和1位小童		S. C.
	If 2 位成人+3 位小童	需要預訂2間房間	需要預訂2間房間	
140		房間1:1位成人和1位小童	房間 1:1 位成人和 1 位小童	1
*		房間2:1位成人和2位小童	房間 2:1 位成人和 2 位小童	
	If 2 位成人+ 4 位小童	需要預訂2間房間	需要預訂2間房間	and Est
		房間1:1位成人和2位小童	房間1:1位成人和2位小童 ■	
		房間2:1位成人和2位小童	房間2:1位成人和2位小童	

常見問題

目前存在的問題:

- 1.會員過分宣傳
- 2.會員過分承諾
- 3.會員期望過高
- 4.會員沒有看清楚套餐內容





常見問題

- 1. 夢幻之旅價格貴嗎?
- 2. 夢幻之旅都走VIP通道嗎?
- 3. 夢幻之旅都包接送嗎?
- 4. 夢幻之旅都是警車開道嗎?
- 5. 夢幻之旅都是豪車接送嗎?
- 6. 夢幻之旅都有HOST主持人嗎?
- 7. 夢幻之旅一定會送禮物嗎?
- 8. 夢幻之旅包括旅行保險嗎?
- 9. 慈善之旅可以抵扣積分?
- 10. 夢幻之旅零投訴?

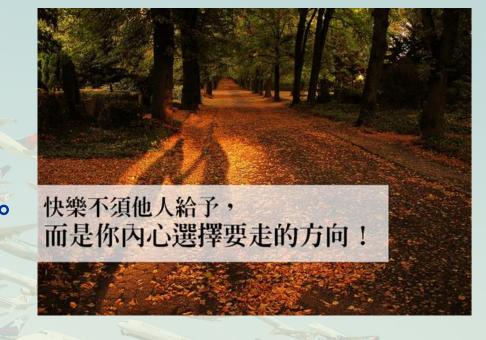




如何做一個快樂的旅行家

内在的準備 什麼是快樂? 快樂是一種能力。 世界上沒有快樂的地方,只有快樂的人。 旅行的心态 不管跟團還是自助,只要把心胸放開 去接受任何可能的發生,都當作一個寶貴的經驗,

那麼,你就一定會有一個愉快的旅行了!





看看你身邊是不是有這種人?

有的人碰到班機延誤就開罵;

把隨行主持人,导游,服務人員,

當作小弟或小妹使唤;

買東西斤斤計較,服務小費一毛不肯拿出來;

看風景的時候一路批評; 吃飯又嫌菜色不好;

更覺得其他同型的伙伴水準不夠。

這樣的人不管旅行到什麼地方,

他所感受到只是一連串不愉快的經驗,何來樂趣?

相對的,跟他同行的人,也多少因為他的影響,減低了樂趣。

快樂的人很少抱怨.. 抱怨的人很少快樂..





旅行是一場修行

旅行是為了追求快樂,而快樂則是由然從心中而生。 旅遊落後地區時,該慶幸自己來自富裕康樂的地方; 拜訪先進國度,則喜悅於能有如此機會讓自己大開眼界。

不要處處要求別人給你旅遊中的樂趣, 而應培養一己寬闊的胸襟, 帶著幽默的眼光來接受、 欣賞旅途中所發生的種種事情; 如此,你才能體會到意想不到的情趣。



旅行過程中需要情緒管理 EQ

就是指一個人在情緒方面的管理能力,相對的也對人的人生造成深遠的影響。

- 良好的內在修養
- 均衡的處世態度
- 真誠待人
- 幽默
- 熱忱



情緒管理方法

- 負面的情緒
- 憂鬱、焦慮、憤怒、
- 生氣、難過、哀傷、害怕、無助感、罪惡感…

- 正面的情緒
- 快樂、喜悅、高興、
- •幸福、期待、羡慕、
- 關懷、自信…



如何成為快樂的旅行家

積極正面 知足常樂 包容萬物 換位思考 退一步海闊天空! 感恩擁有! 一個字"愛"



祝福大家成為一個真正快樂的旅行家



